



PARISH PARCHMENT



Holy Redeemer
Lutheran Church

www.holyredeemer.church

July 2018

Growing to and for Christ!

In this Issue:

	<u>Page</u>
Outreach	2
Adult News	3
Youth News	6
Events	6

A number of years ago, the then new Pope Benedict XVI spoke at the Italian National Eucharistic Congress in Bari, Italy. He told this story. In A.D. 304 Roman Emperor Diocletian forbade Christians, on the pain of death, from possessing the Scriptures, from gathering on Sundays to celebrate the Eucharist, and from building places in which to hold their assemblies. In Abitene, a small village in present-day Tunisia, forty-nine Christians were taken by surprise one Sunday while they were celebrating the Eucharist, gathered in the house of Octavius Felix, thereby defying the imperial prohibitions. They were arrested and taken to Carthage to be interrogated by the Proconsul Anulinus.

Significant among other things is the answer a certain Emeritus gave the proconsul who asked why on earth they had disobeyed the Emperor's severe orders. He replied: *Sine dominico non possumus*, that is, "we cannot live without joining together on Sunday to celebrate the Eucharist. We would lack the strength to face our daily problems and not to succumb." After atrocious tortures, these forty-nine martyrs of Abetine were killed.

The theme of the Congress was "Without Sunday we cannot live." Yet, it is true that so many of us try to do that all too many weeks of the year. I am sure that it is very difficult for us to believe that these forty-nine people gave up their lives, just so that they could gather together on a Sunday, the day of our Lord's Resurrection, to eat of His body and drink of His blood. Why would someone ever be willing to die for that? It quite often takes such a small excuse for us to have a reason to miss worshiping with our brothers and sisters in Christ, to hear the saving Word, and to receive God's gift in Holy Communion. Perhaps they were not such busy people back then, what with shopping, traveling, ball games, practices, so many places to go and people to see, etc. You can pretty well fill in the "etc." with whatever you want.

Yet, this certain Emeritus was right. We, too, cannot live without Sunday. We, too, cannot live without hearing the Word of God read and proclaimed to us. We, too, cannot live without eating the body of Christ and drinking the blood of Christ. We, too, cannot live without gathering together as the assembly of baptized believers, those who together confess Jesus Christ as our Lord and Savior. Without Sunday our faith slowly but surely dies until it is finally dead. Martin Luther taught us in the Third Commandment that the reason that we refrained from work on Sunday was not for rest, although we certainly need that. The reason that we refrained from work on Sunday was so that we could have time in the week to hear God's saving Word and to receive the saving Sacraments. God has something very important to say to us. He declares to us the forgiveness of our sins and gives to us His grace. We cannot live without that. Therefore, we, too, cannot live without Sunday. Why Sunday? Because by worshiping on Sunday we give a witness that we are those who worship God the Father who raised His Son, Jesus Christ, from death to life on that "first morning of the week." We take the time to do that. When we worship at another time perhaps our witness is that we are too busy or have other priorities and that we fit worship into our schedule only if it is convenient. That is surely a long way from the forty-nine martyrs of Abitene. Even when you travel this summer, you can surely still worship on Sunday morning and by doing so both give a witness to the faith and receive the Word and the Sacraments.

I know that today it is hard to imagine that there were those in early Christianity who were willing to give their life just so that they could worship on Sunday morning. Could receiving the Lord's Supper really have been that important? May it be for us as it was for the martyrs of Abitene. *Sine dominico non possumus*. "Without Sunday we cannot live," for surely that is true. *This cup is the new covenant in My blood, shed for you and for all people for the forgiveness of sin.*

In Christ's Name,
Pastor David A. Aanonson

Outreach

Thank You!

Council, along with Outreach, want to thank all who donated to our members serving in the military. Your response was heartwarming!

You donated the following for Michelle Beyers, and her fellow Guard personnel, serving overseas:

- 1,180 sheets of graph paper
- 87 dry erase markers
- 7 dry erase boards, 2 dry erasers
- 7.5 lbs. Beef Jerky
- 4 pkgs. playing cards
- 6.5 lbs. Ramen Noodles
- 22 lbs. Reese PB Cups (hopefully they did not arrive as chocolate soup!)
- 5 Magazines
- Handwritten notes to Michelle from our Confirmation youth!

You donated the following for Jake Hansen and his fellow U.S. Coast Guard mates:

- 16 Target or Walmart gift cards for Jake
- 18 bottles of Gatorade
- 4 pkgs. Beef Jerky
- 8 small pkgs. Nuts/Dried Fruits
- LOTS of boxes of Protein Bars
- Thank you card from Holy Redeemer to the Coast Guard Station

We are proud of Michelle, Jake, and their families! We know they felt God's love through your thoughtfulness.

Mission of Hope Thank You

The Outreach Committee wishes to express their thanks and appreciation to those of you who willingly contribute food to our monthly meal at Mission of Hope.

We are very grateful for those who joyfully help serve the meal. We could not do this service project each month without your help.

Thank you!

BLOOD DRIVE

Monday, July 16

3:30-6:30 p.m.

Holy Redeemer Lutheran Church

A sign-up sheet is posted on the bulletin board.

Thank you for donating blood!



Mission of Hope Meal

The Mission of Hope Meal will be provided and served by the youth on Thursday, July 19.

Chicken and noodles will be the main entrée.

Jesse Myers and Shelly Davidson have volunteered to prepare the July meal.

If you are able to help the youth serve, please contact a member of the Youth & Ed Committee or the office. All donations are needed by Tuesday, July 17.

Take Away Hunger

We will package food for Take Away Hunger on Sunday, September 9. We have received an anonymous gift of \$1,400.

We'd like to raise \$1,400 more. To help us reach that goal, please save your quarters and deposit them in the quarter bank located in the narthex

Thank you, The Outreach Committee



4th Sunday Offering

In July, our designated fourth Sunday offering will be on July 22. The proceeds from this Sunday offering will be designated to the Cedar Valley Habitat for Humanity.

Cedar Valley Habitat for Humanity is a nonprofit, Christian housing ministry dedicated to building and rehabilitating affordable homes in partnership with families in need in Linn and Benton counties. Partner families make a down payment, invest hundreds of hours of sweat equity into the construction of their homes and other Habitat homes, and make monthly mortgage payments on a zero-interest loan.

5th Sunday Offering

In July, we will have a fifth Sunday offering. The proceeds from this offering will be designated to Lutheran Services of Iowa.

Food Donation Location Change

Location Change: It has been our long-standing service to have prepared bags of non-perishable food available for walk-ins needing assistance. Because our "Vicar's Office" is no longer used daily, Outreach has moved the food donation bags to this office. This change makes the food bags more accessible to our members for distribution. The Vicar's Office will remain unlocked, so it is accessible to everyone. Thank you, Outreach

Adult News

Women's Bible Study

Bible Study will meet at the church on **Thursday, July 5, 9:30 a.m.**



The new summer Bible Study is entitled, "Let Us Pray." Session two is: "*The Practices of Prayer*" by Anna Madsen. Bible text is **Psalm 19:14.** (Copies are

available in the WELCA notebook on the shelf under the women's bulletin board.)

All are welcome to join us!!

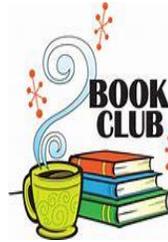
Craft Day

The women will meet for Craft Day on Wednesday, July 11 and Wednesday, July 25 at 12:30 p.m. All are welcome to join!



WIGS (Book Discussion Group)

WIGs will meet on **Thursday, July 12, at 11:30 a.m.**, at the Tea Room in Palo for lunch. **Donna Madsen is the hostess.**



The book for the month is: *Devonshire Scream* by Laura Childs. **All are welcome to join us, but please sign up on the bulletin board so reservations can be made. If you wish to share rides, meet at the church at 11:00 a.m.**

DUO (Do Unto Others) Day

Quilt sewing will meet at the church on **Tuesday, July 24 and Tuesday, July 31.** Come, join us – if you don't sew we can teach you how to tie or lay out quilts.

Bring a sack lunch for the noon hour (or fast food is available nearby.) We meet on the 4th Tuesday of each month, but if the month has 5 Tuesdays, we meet twice!

Let's Do Lunch

The Fourth Thursday Out to Lunch Group will meet on July 26,

11:30 a.m.

at **Vito's**

(42nd Street NE)

Address questions to Jeri Hansen!

Please sign up on the bulletin board if you can or just join us!

Garage Sale Thanks

Thanks to all who helped make the Holy Redeemer Garage Sale a success! From the table set-ups to the sorters and markers, to the bakers to the cashiers, to those who assisted the buyers, a **BIG THANK YOU!** A special thanks to Harold & Daphne Miller for organizing the garage sale.



Thank you to the people who boxed up the leftovers and helped put the Fellowship Hall and narthex back to “normal”. The garage sale netted \$1,900.00 of which a portion will go toward the principal of the Holy Redeemer mortgage and a portion to the Outreach Committee for Mission of Hope meals.

Senior Saints July 4 Breakfast



Happy 4th of July!

You're invited to join the Senior Saints for breakfast on Independence Day, **Wednesday, July 4, 9:00 a.m.**, at **Tommy's Restaurant** on Edgewood Road NW.

Even if you're not yet a senior, feel free to join us.

Please sign up on the bulletin board so reservations can be made. Address questions to Jeri Hansen.

Senior Saints Adult Coloring

Wednesday, July 18

9:00-11:00 a.m. at

Scooter's Coffee,

2300 Edgewood Road SW, Cedar Rapids.

All are welcome.



General and Building Fund Income Statement

May 2018 Summary

	May 2018	Year-to-Date	
		2018	2017
General Income	\$10,195	\$62,390	\$73,834
General Expenses	\$8,906	\$50,519	\$69,317
Building Income	\$2,733	\$13,285	\$15,945
Building Expenses	\$3,406	\$17,030	\$17,030
Income vs Expenses	\$616	\$8,127	\$3,432
Total Budget	\$18,919	\$94,595	\$91,325
Income vs. Budget	(\$5,991)	(\$18,920)	(\$1,546)

- For May, our General Fund income was \$5,318 below budget. Through May, YTD General Fund Income was \$15,175 below budget.
- Our May General Fund Expenses were \$3,366 below budget. Through May, YTD General Fund Expenses were \$10,841 below budget.
- For May, our Building Addition Income was \$673 below budget. Through May, YTD Building Addition Income was \$3,745 below budget.
- \$1,288 was moved from the General Fund to the Contingency Fund since our May income was higher than our expenses.
- Our Contingency Balance at the end of May was \$51,287.63.
- Our Mortgage Loan balance at the end of May was \$437,232.06.
- Food Bank Offering was \$221.
- 4th Sunday Offering for American Cancer Society/Relay for Life was \$145.



Stephen Ministers **Pave the Way?**

We learned in last month's Parchment that the basic steps to connect a friend who needs care from a Stephen Minister are: 1.) Express care and concern in a way that feels natural to you, 2.) Tell the person about Stephen Ministry; give them a brochure or suggest they look at the website, 3.) Get permission to pass along their name and phone number and to have one of our Stephen Leaders call them. If they are hesitant, encourage them to consider it based on your concern and what you've heard from them and 4.) If they agree, call Stephen Leaders (Marti Marz 319-551-1949 or David Adams 701-690-8573) with their name and phone number as soon as possible.

Here are a few more tips:

- You don't need to explain a lot about Stephen Ministry. Our Stephen Leaders can share more details, answer questions and address concerns.
- Avoid promising a Stephen Minister; there are a number of factors to be considered before assigning Stephen Minister and the goal is to match the person with the most appropriate care for their need.
- If your friend says, "Can I think about it?" certainly give them time to do so. Be sure to check back later in a caring way; people often become more open to receiving care after thinking about it for a while.
- Some people, especially those who are not part of a congregation, may assume a Stephen Minister will try to push religion on them. If this concern comes up, assure them that the role of a Stephen Minister is to listen and care—not to persuade or instruct.
- Remember that Stephen Ministry is a confidential ministry. Don't tell others you have passed an individual's name along to our Stephen Leaders; if a person later tells you they have a Stephen Minister, keep that information confidential too.

'And let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching.' Heb 10: 24

Senior Saints @ Ox Yoke Inn May 30

On May 30, the Senior Saints traveled to the Amana's for lunch at the Ox Yoke Inn and an afternoon of exploring what the Amana's has to offer.

A big THANK YOU to Judy Toy for making all the arrangements.

Lee also wants to thank all for the many birthday cards and good wishes given to her for her 80th birthday. She sends her love to all her good friends and the Holy Redeemer church family!



Relay for Life Update

Relay for Life was held on Friday, June 8, at Kingston Stadium. The walk ended at 11:00 p.m. Holy Redeemer had a team of walkers participating.

The current posted donations have come to \$108,000.00 with more teams still needing to report. Holy Redeemer added \$515.00 with a possibility of more money coming in. (Pictures on page 7 & 8.)

Church Family News

If you have some news you want to share about your family, such as a wedding or a move, please contact the office with this information and ask that it be included in the next newsletter.

Youth News

WinGS Schedule

- August 29 – Parent Meeting
- September 12 – WinGS start date
- May 1 – WinGS end date
- WinGS will occur from 5:00-6:00 p.m. (no meal) 3 times a month on Wednesday evenings
- Once a month WinGS will occur from 5:00-7:00 p.m. with a meal and a community service activity
 - Families will be taking turns preparing and providing the meal once a month; a Sign-Up Genius will be sent out for families to choose when they will be preparing and providing their meal.
 - This will take the place of the dessert and table decoration sign ups
 - High school students could have the opportunity to help prepare meals
 - A Wings Cook is no longer needed due to the new structure

Youth Activities Calendar

Parents, there is a youth activity calendar located on the bulletin board in the Narthex.

Please fill in the different activities your child is involved in. The hope is to have members come out to support the GREAT things our youth are involved in.

Youth & Ed Committee Facilitator Needed

The Youth & Ed Committee is still searching for a Youth & Ed Committee Facilitator. Jesse Myers will be stepping down after the August Youth & Ed Meeting.

Responsibilities of the Youth & Ed Committee Facilitator are:

- Monthly meeting with Team Leads
- Newsletter submissions
- Notes to council
- Point person for Diane and Team Leads

Please see Jesse Myers or Nicole Hubbell if you have any questions.

Events

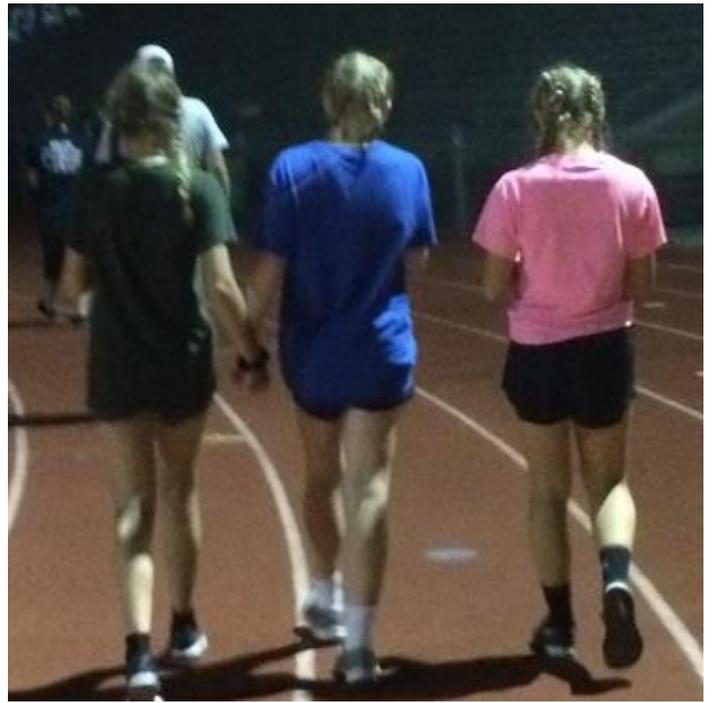
- | | |
|----------------------|--|
| August 1: | 7:00 pm Youth & Ed Meeting @ Bushwood's |
| September 3: | Labor Day – Office Closed |
| September 9: | Take Away Hunger Service Sunday |
| September 12: | WinGS starts |
| October 14: | 1:00 pm Crop Walk @ Thomas Park |
| October 18: | Mission of Hope Meal served by Council |
| October 19: | 5:00-6:30 pm Church reserved |
| October 20: | Church reserved for wedding |
| October 25: | 4:00-7:00 pm Holiday Fair Preview |
| October 26: | 7:00 am-6:00 pm Holiday Fair |
| October 27: | 8:00 am-1:00 pm Holiday Fair |
| November 8: | 11:00 am Synod Meeting at Holy Redeemer, HRLC will serve lunch |
| November 21: | Thanksgiving Eve Service @ Gloria Dei |
| November 22: | Office Closed – Thanksgiving Day |
| November 23: | Office Closed |

Stephen Ministry Commissioning



Relay for Life





Ministry of the Month

Greeter	July 1	Jon Singelstad
	July 8	Loretta Shannon
	July 15	Judy Toy
	July 22	Myer's family
	July 29	Lee Eggers
Usher	July 1	De & Arlan Braun
	July 8	Jim Veglahn & Bob Poundstone
	July 15	Jon Singelstad/Dave Anderson
	July 22	Marti & Mark Marz
	July 29	Tom Fruehling & Ron Hansen
Com. Asst	July 1	Jeri Hansen
	July 8	Tammy Hansen
	July 15	Shari Singelstad
	July 22	Connie Hansen
	July 29	Lanny Eggers
Com. Runner	July 1	Linda Singelstad
	July 8	Jeri Hansen
	July 15	Judy Toy
	July 22	Shari Siingelstad
	July 29	Loretta Shannon
Lay Reader	July 1	Jeri Hansen
	July 8	Loretta Shannon
	July 15	Loretta Shannon
	July 22	Marti Marz
	July 29	Tracy Kisling
Acolyte	July 1	Sarah Cones
	July 8	Courtney Hubbell
	July 15	Keri Ketchum
	July 22	TBA
	July 29	Bryan Kisling
Counters	July 1	2 Needed
	July 8	Jim Veglahn & Rollie Harder
	July 15	Jim Veglahn & Cindy Bradley
	July 22	Connie Hansen & TBA
	July 29	Tracy Kisling & TBA
Com. Prep	July 1	Laura Fowler
	July 8	Nicole Hubbell
	July 15	LaVonne Hunter
	July 22	Marti Marz
	July 29	Le & Dick Smith

Altar Care: Lee & Allan Eggers

Visitor Calling Schedule: Jan Overland

July 2018 at a Glance

July 1 (Sun)	9:00 a.m. Worship Youth @ ELCA Youth Gathering
July 2 (Mon)	Youth return home from ELCA Gathering 6:00 p.m. Stephen. Ministry Meeting
July 3 (Tues)	9:00 a.m. Staff Meeting 12:30 p.m. Card Players 7:00 p.m. Adult Faith Formation
July 4 (Wed)	Office closed for holiday 9:00 a.m. Senior Saints Breakfast @ Tommy's
July 5 (Thu)	9:30 a.m. Women's Bible Study 6:30 p.m. Executive Council Meeting 7:00 p.m. Committee Meetings
July 8 (Sun)	9:00 a.m. Worship Food Bank Weekend
July 10 (Tue)	7:00 p.m. Adult Faith Formation
July 11 (Wed)	12:30 p.m. Craft Day
July 12 (Thu)	11:30 a.m. WIGS 7:00 p.m. Council Meeting
July 15 (Sun)	9:00 a.m. Worship
July 16 (Mon)	3:30 p.m.-6:30 p.m. Blood Drive @ HR 6:00 p.m. Stephen Ministry Meeting
July 17 (Tue)	12:30 p.m. Card Players 7:00 p.m. Adult Faith Formation
July 18 (Wed)	9:00-11:00 a.m. Senior Saints Coloring @ Scooter's
July 19 (Thu)	Mission of Hope Meal served by the youth
July 20 (Fri)	Newsletter Deadline
July 22 (Sun)	9:00 a.m. Worship 4 th W/E Offering to Cedar Valley Habitat for Humanity Coffee w/Council
July 24 (Tue)	9:30 a.m.-1:30 p.m. DUO Day 7:00 p.m. Adult Faith Formation
July 25 (Wed)	12:30 p.m. Craft Day
July 26 (Thu)	Women's Let's Do Lunch @ Vito's
July 29 (Sun)	9:00 a.m. Worship w/Houston Gatherers Temple Talk 5 th Weekend Offering to Lutheran Services of Iowa Fellowship hosted by Houston Gatherers
July 31 (Sat)	9:30 a.m.-1:30 p.m. DUO Day 7:00 p.m. Adult Faith Formation



Holy Redeemer Lutheran Church

720 Edgewood Road NW
Cedar Rapids, Iowa 52405

July 2018

<u>Inside this issue</u>	<u>Page</u>
❖ <i>Outreach</i>	2
❖ <i>Adult News</i>	3
❖ <i>Youth News</i>	6
❖ <i>Events</i>	6



Church Staff

Pastor Dave Aanonson

Interim Pastor
319-396-8547 ext 11
pastor@holyredeemer.church

Diane Cowell

Administrative Assistant
(319) 396-8547 ext 10
secretary@holyredeemer.church

Jacqueline Kimm

Director of Music Ministries
(319) 396-8547

Susan Adams

Custodian
(319) 396-8547

Church Office Hours

Monday – Friday
8:00 a.m. – Noon

Worship Services
Sunday, 9:00 a.m.



If we live by the Spirit, let us also be guided by the Spirit.

Galatians 5:25 (NRSV)



Holy Redeemer
Lutheran Church

Join us as we grow to and for Christ!!!