



PARISH PARCHMENT



Holy Redeemer
Lutheran Church

www.holyredeemer.church

Growing to and for Christ!

June 2018

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You are to hallow the day of rest. Thus, reads the Third Commandment. Most of you are more likely to remember it as *Remember the Sabbath day, to keep it holy.* A few years ago, I lead a study of the book, *Practicing the Faith*, by Dorothy Bass. In this book Dorothy, who I met and talked to several years ago, wrote a chapter that is rather challenging for us “moderns” to read. Keeping a day of rest and observing it as holy seems rather quaint in our 24-7-365 culture. It is so out of touch with the times. Quite honestly, we simply do not have time to take a day of rest each week, much less to set aside a day a week for holy things.

Yet the author reminds us of many things that our modern culture and we have forgotten. Because we have forgotten them we are surely less human and less creatures created in the image of God. In the Old Testament a day of rest was kept because God commanded it. As we read the Ten Commandments in the Book of Exodus we understand that the Hebrews were commanded to keep the Sabbath (the seventh day of the week, our Saturday) holy because it was a confession of whom they were. They were those whose God was the creator of the earth and of the God who Himself rested on the seventh day, the day after He had spent six days creating the entirety of the universe. Because they were created in the image of God, they rested because the God who created them rested. In the recapitulation of the Ten Commandments that we read in the Book of Deuteronomy, Moses commanded the Hebrews to keep the Sabbath day holy because it was a confession of faith. It was not only a confession of faith in the God who created the universe and who created them in His very own image, but also be of the God who had freed them from slavery in the land of Egypt. They did not work on the Sabbath because they were free people. Slaves in Egypt worked on the Sabbath and every day of the week. But, they were now free from slavery. They were not to work. God has freed them.

Today, we too set aside a day of rest as our confession of faith. In his *Small Catechism* Martin Luther explains the Third Commandment this way. *We should fear and love God, and so we should not despise His Word and the preaching of the same, but deem it holy and gladly hear and learn it.* We worship as we do, on Sunday morning, for a very particular reason. By doing so we confess, as did the Hebrews, that we with them have been freed from slavery. We have been freed from slavery to sin. We have been freed from slavery to sin by a very particular act of God. By worshiping on Sunday morning, we confess that we believe in the God who raised Jesus from death to life on a Sunday morning. We set aside a day during the week and we hallow that day, we keep that day holy when we hear God’s good news proclaimed to us. In his *Large Catechism* Luther says it this way. *...we observe (holy days) so that people will have time and opportunity on such a day of rest, which otherwise would not be available, to attend worship services, that is, so that they may assemble to hear and discuss God’s Word and then to offer praise, song, and prayer to God.* Luther then further says. *What is meant by “keeping it holy”?* *Nothing else than devoting it to holy words, holy works, and holy living. The day itself does not need to be made holy, for it was created holy. But God wants it to be holy for you. So, it becomes holy or unholy on your account, depending on whether you spend it doing something holy or unholy.* The day is holy for us when we hear God’s word of grace declared to us and when we receive God’s grace through the Lord’s Supper. We desperately need that for the rest of the week. The day is holy for us when we spend the rest of the day with family, helping those in need, and with being refreshed by our activities, thus letting our body and mind and spirit be refreshed for God’s work during the week ahead. See you Sunday morning.

In Christ’s Name,
Pastor David A. Aanonson

Outreach

Mission of Hope Meal

The Mission of Hope Meal will be provided and served by the congregation on Thursday, June 21.

Sloppy Joe's will be the main entrée.

Jan Overland will prepare the May meal.

The sign-up sheet has been posted on the bulletin board. All donations are needed by Wednesday, June 20.

4th Sunday Offering

In June, our designated fourth Sunday offering will be on June 24. The proceeds from this Sunday offering will be designated to the Ronald McDonald Family Room at St. Luke's.

The Family Room is located on the second floor of the Helen G. Nassif Center for Women's and Children's Health. Families with children receiving treatment in either the Newborn Intensive Care Unit (NICU) or Pediatric unit may utilize a nearly 1150 square foot Ronald McDonald Family Room.

The facility includes: three sleeping rooms, two shower suites, laundry, kitchen, dining and a living area.

Other amenities include a family meal program and a coffee and cookie cart. The common areas are available to families 24-hours a day, while the Ronald McDonald Family Room will be staffed from 8 a.m. to 8 p.m.

SAVE THE DATE!!

BLOOD DRIVE

Monday, July 16

3:30-6:30 p.m.

Holy Redeemer Lutheran Church



Take Away Hunger

We will package food for Take Away Hunger on Sunday, September 9. We have received an anonymous gift of \$1,400.

We'd like to raise \$1,400 more. To help us reach that goal, please save your quarters and deposit them in the quarter bank located in the narthex.

Adult News

Women's Bible Study

Bible Study will meet at the church on Thursday, June 7, 9:30 a.m.

The new summer Bible Study is entitled, "Let Us Pray." Session one is: *The Paradoxes of Prayer* by Anna Madsen. **Bible text is 1 Samuel 12:12-23.** (Copies are available in the WELCA notebook on the shelf under the women's bulletin board.)

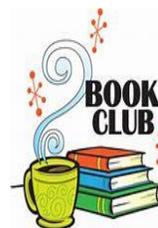
All are welcome to join us!!

Craft Day

The women will meet for Craft Day on Wednesday, June 20 at 12:30 p.m. All are welcome to join!

WIGS (Book Discussion Group)

WIGs will meet on **Thursday, June 21**, at 9:30 a.m., at the church. **Laura Fowler is the hostess.**



The book for the month is: *The Lavender Garden* by Lucinda Riley. All are welcome to join us.

(Please note the meeting date is a week later because of the Garage Sale.)

DUO (Do Unto Others) Day

Quilt sewing will meet at the church on **Tuesday, June 26 at 9:30 a.m.** Come, join us – if you don't sew, we can teach you how to tie or lay out quilts.



Bring a sack lunch for the noon hour (or fast food is available nearby.) We meet on the 4th Tuesday of each month.

Let's Do Lunch

**The Fourth Thursday Out to Lunch Group
will meet on June 28,
11:30 a.m.**

**at Granite City
(Collins Road NE)**

Address questions to Joyce Black.

**Please sign up on the bulletin board
if you can or just join us!**

Relay for Life

The Relay for Life Walk will be held on Friday, June 8, at Kingston Stadium beginning at 7:00 p.m. The walk will end at 11:00 p.m. There will be a get together for survivors.

The area will be divided into many sections:
Main tent for registration, silent auction & Relay shop
Survivor area
Luminaria
Stage & ceremonies
Yard games/bounce house area
HOPE in bleachers

Holy Redeemer has a team of walkers participating. For complete details go to

www.relayforlife.org/linncountyia

Click the "Join this Relay" button on the main page and go into your account or create a new account. Type in Holy Redeemer as your team and follow the directions to sign-up.

If you have any questions, please contact Dave Anderson, the captain of our team.

Trash & Treasure Sale

We are looking for leaders!!

June 14 and 15 have been set for our 2018 Trash & Treasure Sale.

On Thursday, June 14, the sale will be from 8:00 a.m.-5:30 p.m. On Friday, the sale will be from 8:00 a.m.-1:00 p.m.



We will be needing baked goods for the sale. We are also looking for donated items to sell. We will start accepting donated items delivered to the church on Sunday, June 3.

If you have things in your house that are collecting dust, and you are no longer using, consider donating them to the Trash & Treasure sale.

We need some "lead" volunteers to be in charge of:

1. Advertising
2. Cashiers & Baggers
3. Set up & pricing on Mon.-Wed.
4. Sales floor help and bakery help

A sign-up sheet is on the bulletin board. If you have any questions, please contact the church office.

Senior Saints Adult Coloring

Wednesday, June 20

9:00 a.m.-11:00 a.m.

The Senior Saints will meet for coloring and fun at Scooters, 2300 Edgewood Rd. NW on June 20.

All are welcome.



Church Family News

Anniversary Celebration & Invitation!

Gary and Dianne (Bacon) Torrey invite their Holy Redeemer Lutheran Church friends to an open house at the church on Sunday, June 10, 2018. The celebration will be from 2:00 p.m.-4:30 p.m.

Dianne & Gary were married June 8, 1968 at St. Paul's Lutheran Church in Garnavillo, Iowa.

They are the parents of 3 daughters, Elaine (deceased), Marsha Torrey and Susan (Rick) Karnes of Cedar Rapids.

If you have some news you want to share about your family, such as a wedding or a move, please contact the office with this information and ask that it be included in the next newsletter.

General and Building Fund Income Statement

April 2018 Summary

	Apr. 2018	Year-to-Date	
		2018	2017
General Income	\$16,533	\$52,195	\$61,188
General Expenses	\$10,449	\$41,613	\$56,101
Building Income	\$3,473	\$10,552	\$12,727
Building Expenses	\$3,406	\$13,624	\$13,624
Income vs Expenses	\$6,151	\$7,510	\$4,189
Total Budget	\$18,919	\$75,676	\$73,060
Income vs. Budget	\$1,087	(\$12,929)	\$855

- For April, our General Fund income was \$1,020 above budget. Through April, YTD General Fund Income was \$9,857 below budget.
- Our April General Fund Expenses were \$1,823 below budget. Through April, YTD General Fund Expenses were \$7,475 below budget.
- For April, our Building Addition Income was \$67 above budget. Through April, YTD Building Addition Income was \$3,072 below budget.
- \$6,085 was moved from the General Fund to the Contingency Fund since our April income was higher than our expenses.
- Our Contingency Balance at the end of April was \$55,717.63.
- Our Mortgage Loan balance at the end of April was \$444,813.89.
- Food Bank Offering was \$206.
- 4th Sunday Offering for Camp EWALU was \$68.
- 5th Sunday Offering for ELCA God's Global Farm Challenge for the Youth Gathering was \$421.

Thrivent Night at the Ball Park

Beloit Snappers vs. Cedar Rapids Kernels
 Tuesday, June 26, 2018 at 6:35 p.m.
 Cedar Rapids Veterans Memorial Stadium

Reserved Club Seating Tickets are \$8
 Available from Thrivent at 319-366-2991 or
 3343 Southgate Ct. SW, Cedar Rapids.
 Proceeds will benefit the local Special Olympics.
 Make it a Family Night, and let's fill the Stadium!

Senior Saints Baseball Game

The Senior Saints will have their baseball outing on Wednesday, June 27, at noon.

We have reserved 25 seats and the seats are in the shade.

The tickets are \$8.00 each. There is a sign-up sheet on the bulletin board. The tickets must be purchased by Wednesday, June 20, so a final count can be given. Shari will hand out the tickets on Sunday, June 24.

If you write checks, please make them out to the Cedar Rapids Kernels. Everyone is invited to sign-up. If you have any questions, please contact Shari Singelstad at 286-9358.



Gloria Dei Collecting Old Crayons

Do you have any old broken or damaged crayons in your home you would like to get rid of?

Gloria Dei is collecting old, broken & damaged crayons. During their Day Camp in June, they will have the children remove the paper from the crayons and sort them by color. The crayons will then be shipped to an organization that will melt them down and make new crayons to be donated to hospitals across the United States.

If you have any crayons to donate, please drop them off at the office and they will be delivered to Gloria Dei around June 14.



Stephen Ministers Commissioning

In summer of 2016, our Pastor and council established Holy Redeemer as a Stephen Ministry congregation. By God's grace, on June 3, during Sunday's worship service, we will commission our first Stephen Ministers and Stephen Leaders. As members of Holy Redeemer, you are invited & encouraged to take part in this commissioning through your presence, affirmation and prayers.

The new Stephen Ministers are Ron Taylor, Jeff Hand, Amber Strong, Sara Merkey, Nola Schroeder, David Adams and Marti Marz. David and Marti will also be commissioned as Stephen Leaders. Substantial training to equip them for their task has been completed. Now they will begin to be sent out to minister, asking for God's blessing and the Spirit's wisdom and power.

How can you support Holy Redeemer's new ministry? First of all, continue to pray for our Stephen Leaders, Stephen Ministers and their care receivers. Then, words of personal encouragement & affirmation will reinforce your support of those stepping out in faith into their roles in this ministry. A Stephen Ministry fund has been established at Holy Redeemer to help defray the cost of training materials.

Also, some of you may recognize a call to use your God-given spiritual gifts in Christian caring relationships and may apply to be a Stephen Minister or Leader. Others may accept the care of a Stephen Minister. All of us can be ministers of referral, a.k.a. 'Look-Outs', watching for people in need and suggesting a Stephen Minister's care.

Your Stephen Ministry Team very much appreciates your prayers and support. Let us together praise God for all the ways that Holy Redeemer's outreach may be expanded in providing care & Christ's love to others through these Stephen Ministers.

'Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort'

2 Corinthians 1:3



Stephen Ministry Lookouts?

What IS a Stephen Ministry Lookout? Every person at Holy Redeemer will be a potential 'Lookout' paving the way to connect a friend who is going thru a difficult time with a Stephen Minister.

The process involves sharing basic information about Stephen Ministry. Then, with permission of the friend in need, pass along the person's contact information to the Stephen Ministry Team Leaders. As a Stephen Ministry 'Lookout' you will have paved the way for an ongoing Christian caring relationship to begin.

Here are four helpful steps to take as a 'Lookout'.

1. Express care and concern in a way that feels natural to you. Then listen if the person wants to share.
2. Tell the person about Stephen Ministry. Give the person a Stephen Ministry brochure or suggest going to the website. *See the main bulletin board in the narthex for a page called 'How to Pave the Way for Stephen Ministry with Someone You Know'. Both sides have detailed information about offering this help as a 'Lookout'.*
3. Get Permission to pass along the person's name and phone number. If the person is hesitant, encourage him or her to consider it based on your concern and what you've heard from them.
4. If the person agrees, get his or her phone number or preferred contact information and pass it along to the Stephen Minister Leaders (Marti Marz 319-551-1949 or David 701-690-8573) as soon as possible. They will explain further and answer questions or concerns. Together a decision can be made about whether as Stephen Minister is right for your friend.

'Praise be to God...who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.'

2 Corinthians 1:3-4

Youth News

EWALU Day Camp @ Gloria Dei

Gloria Dei has invited our youth to join their day camp this summer. Day Camp is for all children going into 1st grade through 5th grade.

Camp begins on Monday, June 18 and ends on Friday, June 22. The cost is only \$20 per camper!

The hours are 9:00 a.m.-2:30 p.m. Monday-Thursday and 9:00 a.m.-Noon on Friday.

Gloria Dei will have a potluck meal and program on Thursday, June 21. The children will share what they have done during the week and they will sing some songs. Dinner will start at 6:00 p.m. Families are asked to bring a dish to share. The program will start at 7:00 p.m. and last approximately 30 minutes.

Registration forms are located on the shelf in the narthex and in the office. Please contact the office with any questions.

High School Recognition

Holy Redeemer was blessed to recognize Class of 2018 and our 5 high school seniors. Holy Redeemer hosted a reception for the seniors on Sunday, May 4.

Pastor Dave gave a blessing and sending to our seniors. Marcia Prochnow, represented the High School Graduation Recognition Committee and presented seniors with a \$100 check.

This is such a busy time for our seniors and we were blessed to have two of them make it to service: Haley Hansen and Ashby Renner. God Bless Miss Ashby for coming. She had her wisdom teeth out on the Friday before, but was still able to crack a small smile. ☺ Please continue to pray and send loving support to: Parker Lange, Lauren Moritz, Sophia Gilbert, Haley Hansen and Ashby Renner. We can't wait to see what these amazing young adults do next. God Speed!

WinGS Cook Needed

Right now WinGS is looking for a cook. If you are able to help with the WinGS meals during the next school year, please contact Jesse Myers at jesse_myers@msn.com

Events

- July 2:** ELCA Youth Gathering group return home
- July 4:** Office closed
- July 16:** Blood Drive @ HR from 3:30 p.m.-6:30 p.m.
- August 7:** Possible Special Election held
- September 3:** Labor Day – Office Closed
- September 9:** Take Away Hunger Service Sunday
- October 14:** Crop Walk
- October 25:** Craft Sale Preview
- October 26:** Craft Sale
- October 27:** Craft Sale

Lora Van Buren's Retirement Reception





Senior Recognition Day



This month we highlight the adults be going to the ELCA Youth Gathering in Texas later in June. We are highlighting Marsha Prochnow, Amy Renner & Shelly Davidson.

Marsha Prochnow

Hello, my name is Marcia Prochnow and I am going to the ELCA Youth Gathering in Texas as a chaperone. I have been involved with the youth of HRLC for many years. Some students I remember from my first Sunday school class were Zach Heathman & Emily Willfong. Spending time with the youth at HRLC has always been a blessing! Attending the youth gathering is a once in a lifetime experience for me. I am thankful for the opportunity to bond with some of the wonderful youth from HRLC and looking forward to spending time with my sisters in Christ. I am excited to meet many new people and to worship with 30,000 other Lutherans. I am confident that our time in Houston will have a positive impact on their community and am looking forward to being moved by the Holy Spirit.

—Marsha

Amy Renner

Hello, I am Amy Renner. Holy Redeemer has been my home church and family for 19 years. Rick, Ashby, Jordan and I have been blessed through the years with beautiful support and love. For many years, I helped with Sunday school and I have had the pleasure of seeing so many kids grow. My faith has grown and continues. I am so excited and thankful to be going on this youth trip. My Hopes and prayers are that this trip will be one that these kids will reflect on in years to come. They will feel God working. When times get hard they will remember how this trip and others have impacted their lives and how God shows up. My favorite verse as many know is Joshua 1:9. "BE strong and courageous for the Lord your God is with you wherever you go". This is so powerful and to think God is leading us is beautiful! I am so blessed to be a part of this journey! Thank you to my church family through all of you, I feel God's love!

—Amy

Shelly Davidson

Hola! Shelly Davidson here. I have been a part of and member of Holy Redeemer for 29 years. The years have been good to my family, here at Holy Redeemer. I have watched my children; Valarie and William (Will) grow their faith under the watchful eye of this blessed congregation, as well as God, Jesus and the Holy Spirit. I have been involved with the Youth for too many years to count. I enjoy watching the wonder and questions they have about their faith. I love when they have the "Ah Ha" moments, one which I experienced at the ELCA Gathering in Detroit. The last few years have been a challenge for my family. I was not scheduled to go, however, I truly believe God had a plan, and I feel beyond blessed to be experiencing this journey with this group of youth, especially with my son. I cannot wait to see how these youth people will be shaped and their faith strengthen and then to see them take what they have learned and pay it forward. Thank you to Holy Redeemer for the wonderful gifts of love, donations, prayers and support you continue to show our youth. You are invested in them and they feel it. Thank you for loving our youth.

—Shelly



Marsha Prochnow



Amy Renner



Shelly Davidson

Ministry of the Month

Greeter	June 3	Sara Merkey/Nola Schroeder
	June 10	Evelyn Neal
	June 17	LaVonne Hunter
	June 24	Lee Eggers
Usher	June 3	Marti Marz & Amber Strong
	June 10	Gordy & Jean Stelling
	June 17	Jon Singelstad & Jim Veglahn
	June 24	Marti & Mark Marz
Com. Asst	June 3	Ron Taylor
	June 10	Jeri Hansen
	June 17	Lanny Eggers
	June 24	Greg Forest
Com. Runner	June 3	David Adams
	June 10	Loretta Shannon
	June 17	Jeri Hansen
	June 24	Kay Forest
Lay Reader	June 3	David Adams
	June 10	Jeri Hansen
	June 17	Tracy Kisling
	June 24	Marti Marz
Acolyte	June 3	Jeff Hand
	June 10	TBD
	June 17	TBD
	June 24	TBD
Counters	June 3	Jim Veglahn & Connie Hansen
	June 10	Rollie Harder & Daphne Miller
	June 17	Tracy Kisling & ??
	June 24	Jim Veglahn & ??
Com. Prep	June 3	LaVonne Hunter
	June 10	Jean Stelling
	June 17	Le & Dick Smith
	June 24	Marti Marz
Altar Care:		Judy Toy & Peggy Dufoe
Visitor Calling Schedule:		Loretta Shannon

June 2018 at a Glance

June 3 (Sun)	9:00 a.m. Worship w/Stephen Ministry Commissioning
	7:00 pm Stephen Min. presentation to Call Comm.
June 5 (Tues)	Linn Co. Election @ HR
	9:00 a.m. Staff Meeting
	12:30 p.m. Card Players
June 6 (Wed)	7:00 p.m. Adult Faith Formation
	7:00 p.m. Youth & Ed Comm. Mtg
June 7 (Thu)	9:30 a.m. Women's Bible Study
	6:30 p.m. Executive Council Meeting
June 8 (Fri)	7:00 p.m. Committee Meetings
	7:00 p.m.-11:00 p.m. Relay for Life
June 10 (Sun)	9:00 a.m. Worship
	Food Bank Weekend
	Noon-5:00 p.m. Kitchen/FH reserved
June 11 (Mon)	Set up for Rummage Sale
	7:00 p.m. Stephen Min. & Council Meet
June 12 (Tue)	Set up for Rummage Sale
	7:00 p.m. Adult Faith Formation
June 13 (Wed)	Set up for Rummage Sale
	8:00 a.m.-5:30 p.m. Rummage Sale
June 14 (Thu)	7:00 p.m. Council Meeting
	8:00 a.m.-1:00 p.m. Rummage Sale
June 15 (Fri)	8:00 a.m.-1:00 p.m. Rummage Sale
	Father's Day
June 17 (Sun)	9:00 a.m. Worship
	12:30 p.m. Card Players
June 19 (Tue)	7:00 p.m. Adult Faith Formation
	9:00-11:00 a.m. Senior Saints Coloring
June 20 (Wed)	12:30 p.m. Craft Day
	7:00 p.m. Choir Practice
	Newsletter Deadline
June 21 (Thu)	9:30 a.m. WIGS
	Mission of Hope Meal served by the cong.
June 24 (Sun)	9:00 a.m. Worship w/Choir
	4 th W/E Offering to Ronald McDonald Family Room
	Coffee w/Council
June 25 (Mon)	Youth leave for ELCA Youth Gathering
June 26 (Tue)	9:30 a.m.-1:30 p.m. DUO Day
	6:35 p.m. Thrivent Night at the Ball Park
	7:00 p.m. Adult Faith Formation Members @ ELCA Youth Gathering in TX
June 27 (Wed)	12:00 p.m. Senior Saints Kernels Game Members @ ELCA Youth Gathering in TX
	Women's Let's Do Lunch @ Granite City Members @ ELCA Youth Gathering in TX
June 28 (Thu)	Members @ ELCA Youth Gathering in TX
June 29 (Fri)	Members @ ELCA Youth Gathering in TX
June 30 (Sat)	Members @ ELCA Youth Gathering in TX



Holy Redeemer Lutheran Church

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Cedar Rapids, Iowa 52405

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Church Staff

Pastor Dave Aanonson
Interim Pastor
319-396-8547 ext 11
pastor@holyredeemer.church

Diane Cowell
Administrative Assistant
(319) 396-8547 ext 10
secretary@holyredeemer.church

Jacqueline Kimm
Director of Music Ministries
(319) 396-8547

Susan Adams
Custodian
(319) 396-8547

Church Office Hours
Monday – Friday
8:00 a.m. – Noon

Worship Services
Sunday, 9:00 a.m.



If we live by the Spirit, let us also be guided by the Spirit.

Galatians 5:25 (NRSV)



Holy Redeemer
Lutheran Church

Join us as we grow to and for Christ!!!